

# The Birth of Christ Within: Seeing Reality as God Does



Photography by Lyall Stosic

## **NORTHERN REGION LAY RETREAT**

(This will be a silent retreat)

**Friday November 26<sup>th</sup> 6.00pm until after lunch Sunday 28<sup>th</sup> November 2021**

**(Option to attend Saturday 27<sup>th</sup> November only from 9am – 5pm)**

**To be held at: Raymont Residential College, Auchenflower**

*Facilitator: Richard Fay Dip.Min., M.Couns.*

*Introduction on Friday night by Bishop Jeremy Greaves*

**Further details & booking information please contact Nerida Murray on  
Mobile 0411 052 292 or [neridamurray@me.com](mailto:neridamurray@me.com)**

**Organised by The Northern Region Lay Retreat Team consisting of parishioners from the  
Aspley/Albany Creek and Stafford Parishes**

## About the Retreat – The Birth of Christ Within: Seeing Reality as God Does

Richard will explore the human journey in encountering Christ through the different stages of life, the different forms Christ takes as we journey, & the ways the genders encounter this differently.

Optional activities will be offered. Over the weekend Richard has 4 sessions. There will also be Christian Meditation & Morning Prayer early each day, & Evening prayer each night. Bishop Jeremy will join us for dinner on Friday evening and speak to us afterwards. On Saturday night there will be a Labyrinth walk.

There will be opportunity for individual spiritual direction if desired.

However, the hope is that each person will feel free to attend or not attend any session, depending on personal needs, interests & preferences.



# About our Facilitator - Richard Fay

Dip.Min., M.Couns.

PACFA Reg. (clin.) 22203

Accredited Spiritual Director (St Francis)

This is what Richard shares about himself.

## PROFESSIONAL

My background is in ministry. I trained for pastoral ministry in the 1980s & was senior pastor of a multi-staff church in suburban Brisbane in the first decade of this century. I burned out in that role, which made me look at what's going on inside me. This resulted in me completing a Masters in Counselling in 2012, & becoming a psychotherapist. I have experience working in several private practices & established my own in 2013.

As well as working in private practice, I am Ambassador of the Centre for Men & Families Australia ([www.cfma.org.au](http://www.cfma.org.au)), a not-for-profit charity that helps men & their families in crisis. This work was founded on the teaching & work of the Franciscan priest Richard Rohr, who continues to be vitally involved in this work. A key component of this work is the Men's Rites of Passage, an annual 5 day retreat for men to process life transition within the framework of the Paschal mystery. Although grounded in the perennial tradition, this work is open to men of all faith traditions & none. Richard Rohr's teaching around spirituality for the two halves of life has provided a key framework for understanding my own journey & helping others navigate theirs. I stepped down from the role of CEO in December 2020.

I am a clinical member of The Psychotherapists and Counsellors Federation of Australia (PAFCA) & a member of CCAA. I am a Liturgical Assistant & lay preacher at St John's Cathedral, which has been my spiritual home for the past half decade. I specialise in trauma therapy as well as neuropsychotherapy, in relationship counselling, & working with men.

In 2020 I completed the St Francis Spiritual Direction Formation Program & am a spiritual director.

## PERSONAL

I have been married to Judy for over 35 years & have 3 adult sons, three daughters in law, and a grandchild. I also have an adored black Lhasa Apso dog called Bobby.

Listen to Richard speak briefly about his subject on our retreat webpage.

Click on the link <https://aspley-albanycreek.org.au/northern-region-lay-retreat-2021/>

## About the Venue – Raymont Residential College

This year's Northern Region Lay Retreat will be held at Raymont Residential College, Cadell St, Auchenflower. Raymont is only a short distance by public transport to Brisbane city and is also close to the Auchenflower train station. It is situated on extensive grounds, with a swimming pool and ample space for reflection both inside the buildings, on the verandas of the old Queenslander or outside in the sunshine. It is also only a short walk to the Toowong Memorial Park and the Brisbane River.

There is ample onsite parking.

Accommodation is a private room, & all meals & morning & afternoon tea will be provided. Individual tea & coffee making facilities will be available at other times.

Alcohol Policy. The Centre requires that people do not bring their own alcohol. We will have alcohol for those wishing to have a glass of wine with dinner at a cost of \$5.00 per glass. Please bring cash if you would like to share a glass of wine with dinner.

There is a lift to the dining room, Chapel and meeting room.

For information about costs please refer to the enclosed booking form.

